



Charlene Clare Freestone

January 17, 1943 - January 24, 2026

Charlene Clare Freestone (née Upshaw)

Jan. 17, 1943 – Jan. 24, 2026

It is with heavy hearts that we announce the passing of our mother CHARLENE CLARE FREESTONE on January 24, 2026. Mom passed away peacefully, surrounded by loving family, at the age of 83 in Peterborough, ON. Charlene was born in Nova Scotia on January 17, 1943. She moved to Toronto one year later and lived in that city for over 70 years. She moved to Peterborough, ON in 2021.

Charlene was 1 of 14 children.

Charlene had many friends and acquaintances in Toronto and enjoyed spending time socializing with friends in the Coxwell/Gerrard area of Toronto. Charlene will be deeply missed by many, especially lifelong friends like Elsie – a friend of mom's for over 70 years! They went to Brownies together at the age of 7.

Charlene was a working mother at both Sears and MacLean-Hunter.

Charlene loved spending time socializing and singing karaoke and in the last few years in Peterborough she became friends to many at her Parkhill Towers Apartment residence. She played bingo on Mondays, Darts on Wednesdays and had food and drinks with her special friend Jim Patterson at "Happy Hour" every other Friday.

Charlene was proud to be a mother, grandmother, great-grandmother, sister and aunt to many nieces and nephews.

She was predeceased by her parents Charlie and Pearl Upshaw.

She is survived by siblings Barry, Larry, Peggy, and Allen Upshaw and predeceased by 9 other siblings.

She is also survived by her children Laurie (predeceased, May 2025), Donny, Daniel (Susan), Darryl, Derek (Cherie) and David.

Charlene was also predeceased by Donald Harold Freestone, her husband of over 45 years.

A cremation service took place on January 30, 2026 as per her wish, in Lakefield, ON.

A celebration of life will be announced to family and friends in the near future.

A special thank you to Palliative Care & Dr. Blake at PRHC, as well as Hospice Care Peterborough. Mom was comfortable and at peace. Thank you to all who cared for her, especially nurse Kathy, thank you!

In memory of Charlene, a donation in her name to Hospice Peterborough would be greatly appreciated. Online condolences may be made at www.communityalternativefunerals.ca

Tribute Wall

JC

“ Our Deepest Condolences To All The Family.
❤️ I Will Miss Charlene She Was A Great
Woman And Great Mother N GrandMother. I
Have So Many Great Memories Growing Up
With The Family On Woodfield Rd. She Will
Be Missed So Much. RIP Charlene ❤️🙏❤️



Janet Carpenter - February 03 at 09:44 PM



I miss and love you so much. I'm going to keep the promises to you
and know Mom that I am going to be okay ☐❤️🙏

Dave Freestone - February 07 at 12:07 PM

JP

“ Char and I were in love for the past 12 years.
Some rough times and lots of good times!
I will truly miss her, as my heart aches.
Jim

Jim Patterson - February 02 at 06:12 PM

ER

“ Charlene was a friend for over 70 yrs. We had great laughs and life
experiences that we shared through the years. I will always think of
Charl and smile she was a great person.

Elsie Richards - February 02 at 01:30 PM

SM

“ I'm so grateful to have experienced Mom (Charl) as a mother in law if only for a few short years. Charl welcomed me into the family with open arms. She will be missed. ❤️
Susan Mullan



Susan Mullan - February 02 at 12:27 PM