



Helen Gillmore (Peel)

February 21, 1946 - May 4, 2024

GILLMORE, Helen Margaret, of Lakehurst Ontario, passed away peacefully at the Peterborough Regional Health Centre on May 4, 2024.

Helen was born February 21, 1946 to Marion and Morgan Peel in Toronto, Ontario. She spent her formative years in Toronto, Ontario and Beaconsfield, Quebec. She was a beautiful soul, both inside and out, making close friends easily and sharing her infectious smile and generous spirit with everyone she met. After high school she moved to Ottawa, Ontario to attend teaching college. In Ottawa, through a chance encounter while she was babysitting his nieces and nephews she met her soulmate, Ingram Gillmore. After meeting, they fell quickly and deeply in love.

Helen and Iggy were married on December 17, 1966, in Montreal, Quebec. They enthusiastically welcomed three beloved children to their lives over the next five years: Ingram (Cindy Peacock), Beverly, and Samuel (Janice Beintema). Helen and Iggy settled in Lakehurst, Ontario after growing and developing their lives across multiple communities across Ontario including Amherstburg, Owen Sound, Toronto, London, Burlington, and Mansfield.

Helen was predeceased by both her sister, Mary and her brother, David as well as her parents, Marion and Morgan.

Helen loved life and found joy in so many things. Near the top of the list was her passion and joy for her grandsons Malachi, Benjamin and Elijah, all who will miss her dearly. Helen was blessed by a large extended family and many cherished friends who will miss her letters, her long calls and her brilliant smile. She also cherished her time spent at the cottage on Mississauga lake, her many beloved golden retrievers, her time sowing seeds and planting spectacular gardens, a full house over the holidays, feeding and watching songbirds, reading a great book by a warm fire with Rascal the kitten in her lap, baking soft delicious molasses cookies, a thoughtful hand written letter, and a long tight hug.

A celebration of Helen's life will take place during the summer with details to follow.

In lieu of flowers, the family requests donations be made to Peterborough Regional Health Centre Foundation <https://prhcfoundation.ca/>

Tribute Wall

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“ I knew Helen from The Good Buy Room thrift shop in Buckhorn where we both volunteered. She was a friendly, warm, wonderful person who was always up for some fun! My sincere condolences to her family. Pat Wade

Pat Wade - June 12, 2024 at 06:12 PM