



## Julie Armstrong (Reynolds)

June 21, 1961 - July 10, 2023

Julie Joanne Armstrong of Peterborough passed away peacefully with her family by her side at Hospice Peterborough on July 10, 2023.

Loving wife of Alan Elliott Armstrong. Cherished mother of Angela (Jeff Cain), Charles, William, the late Elliott, and Jillian (Sam Stewart). Doting grandmother of Archibald and Odin Armstrong-Cain, and future baby Stewart.

Devoted sister of Sandra Orser, Daniel Reynolds (Cathy), Susan MacMillian (Les), Linda Western (Bob), Nancy Storey (Larry), Barry Reynolds, Chris Reynolds (Barb), and Mike Reynolds (Geeta). She will be missed by many nieces, nephews, and cousins.

She is predeceased by her mother, Genevieve Rose Daniel Reynolds, and her father, George Ronald Reynolds.

Julie grew up in a busy home in Bridgenorth with eight siblings. From a young age, she frequently looked after her numerous nieces and nephews. Many of Al and Julie's dates were actually babysitting outings which likely served two purposes: giving her tired siblings a break, and ensuring Al would make a good future father.

She played many sports but loved baseball. She had an arm that was feared

by base runners everywhere. The power of her throw would later intimidate her children while they “casually” played catch in the backyard.

Al and Julie met in high school where Al would say he fell madly in love with “JR”. At this statement, Julie would roll her eyes and wonder aloud why it then took nine years of dating before he finally proposed. Al loved Julie more than life itself, and theirs is a love that will transcend death.

Although Julie eventually left her nursing career to raise a family and join Alan in running a business, caring for others remained central to Julie’s life. She was a selfless individual who always put the well-being of others before her own. She was a mother to many and ensured that people close to her always knew they were part of a larger support network.

Julie raised four children of her own. She made incredible personal sacrifices over the years to ensure they had everything. Al and Julie never missed an important event, whether it was a baseball game, piano recital, or a dance competition. They raised their kids to be decent, thoughtful, respectful, confident, and most of all to consider others before themselves.

A special thanks to the incredible care received at Lakeridge Health, PRHC, and Hospice. The family is forever grateful for the continuous support and professionalism they were shown throughout the last few months.

The Armstrong family will hold a celebration of Julie’s life later this summer, date to be announced. In lieu of flowers, the family asks that donations be made in memory of Julie to Hospice Peterborough.

# Tribute Wall

CK

“ *This was the best night ever!!! She is truly missed, much love*

---

**Cheryl Kennedy** - July 10, 2024 at 09:00 PM

ST

“ *We are so very sorry to hear of Julie's passing. Our sincerest condolences to the family. She was a beautiful soul with a smile that would brighten a room and you couldn't help but return it. She was so easy to talk to and was a wonderful involved mom a true matriarch and was a busy lady that made it seem effortless. Shaughnessy and Hunter remember her fondly as do I. Hugs to you all and you are in our thoughts. I am so sorry to be late with this as I was just made aware.*

---

**Sheena Thornton** - September 19, 2023 at 11:10 PM

FP

“ *Dear Al and children, I am most deeply saddened by the untimely passing of Julie. I will always remember you as a "most happy couple", so happy together, and with such wonderful children.... it was a great privilege to teach them piano. You and Julie were model parents, and Julie was most compassionate to everyone; a truly beautiful person. My heart aches deeply for you and yours, but love transcends death. Yours with compassion, Rick Pritchard*

---

**Fredrick Pritchard** - August 21, 2023 at 03:02 PM

JS

“ I went to high school with Julie and she was always so sweet, kind and welcoming to everyone, I remember she told me that she was going to marry Al Armstrong, and they weren't even dating yet. She knew that he was the one for her. She lit up a room when she walked in and always had time for people. Her radiant smile made you feel that she cared about you and what you had to say. You always felt happy after you had seen her. She was one of those really special people who you never ever forget. Julie will continue to be a part of every life she touched. Our deepest sympathy to you Al, your children and your entire extended family. Janice and Steve Smith

---

**Janice Smith** - July 17, 2023 at 07:44 PM

MK

“ This is very sad news and way too soon to pass! Julie was one of the nicest girls in high school and always had a smile and positive outlook. My deepest condolences for Al, their children and all the rest of her family.

---

**Mary Lou Stirling Knight** - July 17, 2023 at 10:45 AM

DC

“ I was very sorry to hear about Julie's passing. I used to be a volunteer at Peterborough Hospice and I know what a loving, wonderful place it is. What an excellent, caring venue for Julie's exit. My sincere sympathy goes out to Al and all the Armstrong family. I really enjoyed being 'Chef Diane' for over 5 years at Sobey's. I can still see Julie whipping around the store and remember many conversations we had. Rest in Peace Julie.! Like Julie's beautifully written Obit says 'clove transcends' death.

---

**Diane Cancilla** - July 16, 2023 at 10:57 AM

CG

“ I had the privilege of meeting Julie in high school. She was such a lovely person inside and out. I used to run into her on occasion and we'd have great conversations. She was always so sweet and kind and she is going to be greatly missed by so many people. My thoughts and prayers go out to Allan and his family, God Bless.

---

**Connie Gatt** - July 14, 2023 at 10:57 AM

VP

“ I knew Julie when I was at high school, she worked with my younger sister Julie when young. I met Julie through some family functions over the years and she always had a bubbly disposition and a smile for everyone. If you met Julie it was her smile that made you feel welcome. Our very deepest sympathies to Al and the children and grandchildren. Thinking of the families on such a great loss. Vera and Steve Payne

---

**Vera Payne** - July 13, 2023 at 06:39 PM

PO

“ Al and family, I was so sad to hear of Julie's passing. She was such a special person. You and Julie were the cutest couple in high school. Julie always had time to talk with me when the opportunity arose though months and years would go by between meetings. My thoughts and prayers are with you and your family. Pam O'Brien

---

**Pam O'Brien** - July 13, 2023 at 06:29 PM

MB

“ Our hearts, prayers and condolences go out to Julie’s family and extended family. Julie was a beautiful lady inside and out, and always greeted with a hug and a smile. I always remember she made delicious butter tarts at the Bay. Will miss you friend  
RIP The Bagshaws

---

**Michelle Bagshaw** - July 13, 2023 at 02:59 PM